



Older Individuals who are Blind – Technical Assistance Center

## VRT Modified Services

As of May 8, 2020

During the COVID 19 crisis, the ADRS VRT program has modified service delivery to new and current consumers. This is a working document as the situation changes for staff and consumers.

As of May 1 all offices are open, however staff are allowed to telework as needed and encouraged to provide services remotely. When necessary in person services may be provided in the home or at their office in compliance with guidelines set by ADRS to protect staff and consumers.

Understanding that each consumer's plan is individualized, the following services may be provided remotely:

- Adjustment to blindness and vision loss counseling and guidance and peer support services
- Information and referral services to other agencies
- Remediation of previously taught skills.
- Low vision:
  - Basics of contrast
  - Lighting techniques
- Communication skills
  - Use of large print
  - For braille instruction, will refer to Hadley for instruction and provide support
- Access technology
  - Telephone usage
  - Audio devices
  - Mobile devices
- Personal management
  - Time telling/time management

# OIB TAC

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- Personal hygiene
  - Grooming skills
  - Clothing care
  - Eating techniques
- Money Management
  - Money identification
  - Banking, budgeting and bill paying
- Meal preparation
  - Shopping and meal planning
  - Labeling and storing of food
  - Basic adaptive kitchen skills – not involving sharp tools or open heat sources such a stove, etc.
- Home management
  - Use of tactile modifications of appliances
  - Home organization skills
  - Adaptive cleaning techniques
  - General home safety
  - Emergency preparedness
- Orientation and mobility
  - Human guide technique
  - Self protective techniques
  - Independent indoor movement
  - Systematic search patterns
  - Seating techniques
- Leisure time activities
  - Hobbies and games
  - Exercise and sports
  - Entertainment access
- Employment related skills
  - Appropriate dress
  - Interview skills
  - Workplace etiquette