



Older Individuals who are Blind – Technical Assistance Center

## O&M Modified Services

As of May 8, 2020

During the COVID 19 crisis, the ADRS O&M program has modified service delivery to new and current consumers. This is a working document as the situation changes for staff and consumers.

As of May 1 all offices are open, however staff are allowed to telework as needed and encouraged to provide services remotely. When necessary in person services may be provided in the home or at their office in compliance with guidelines set by ADRS to protect staff and consumers.

Understanding that each consumer's plan is individualized, the following services may be provided:

- Adjustment to blindness and vision loss counseling and guidance and peer support services
- Information and referral services to other agencies
- Remediation of previously taught skills.
- Orientation
  - Use of non-visual cues
- Self-protection
  - Upper hand and forearm
  - Lower hand and forearm
  - Combination upper and lower
  - Trailing
  - Squaring off
  - Search Patterns
  - Dropped objects
- Sighted guide
  - Assistance
  - Uses correct body position

# OIB TAC

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- Reverses directions
- Transfers sides
- Negotiates narrow passageways
- Negotiates doorways
- Ascends and descends stairs
- Seating
- Auditorium seating
- Car familiarization
- Cane Skills -remediation to experienced cane users in
  - Diagonal cane techniques
  - Negotiates doorways
  - Locating doorknobs
- Mobility devices
  - Use of monocular
  - Technology devices
- Emergency situations
  - Personal safety awareness
  - Fire/storm evacuation
  - Accident evaluation
- Low vision
  - Proper illumination
  - Use of contrast
  - Sunglasses/glare control
- Employment related skills
  - Workplace etiquette