

Comprehensive Functional Assessment ASSESSOR GUIDE

Assessment Preparation

The CFA should be comprised of the following assessments.

1. Orientation Mobility Assessment (rate and comment that further evaluation is needed, unless performed by OM Specialist).
2. Daily Living Assessment
3. Access Technology Assessment (if applicable-client has access and uses/wants to use technology)

Client History

- Gather appropriate background information.
- Review the information provided by referral source, counselor, and/or physician if available.
- Gather observations from instructors if client has participated in other services.

Initial Introduction

- Explain purpose of visit.
- Verify accuracy of personal historical information.
- Explain to client that we only make recommendations to DBS based on the information gathered from the assessment.

- Encourage client to follow up with DBS Counselor on developing a plan to address identified needs.

Assessment Tips

Review the CFA rating scale, and give yourself examples of what skill level is required to achieve that rating for a skill.

Rating Scale

5 = Independent-Experiences no difficulty performing task safely, accurately, or efficiently (100%)

4 = Inconsistent Independent -Experiences occasional difficulty performing task safely, accurately, or efficiently (75%)

3 = Difficult-Performs task with difficulty-errors in safety and/or accuracy of skill (50%)

2 =Dependent-Relies on others to assist with task (25%)

1 =Limited-Individual did not perform task and task is a goal

0 = Not Applicable - client currently not interested or this is not a client goal.

When evaluating the client's skill make sure to observe them in the performance of the tasks. Make clear descriptive note based on observations of the performance, conditions, and challenges to complete the skill. Do not just assess by asking the objective prompts on the assessment.

Performance

- Observe performance of everyday tasks.
- Observe how items are organized.
- How much time does it take to perform a task?

Conditions

- Describe how client performs a task. What does it look like? Do they seek help or work independently? What type of instruction was required if any?
- What tools if any do they use? How long can they work before tiring? Are any weight or time restrictions demonstrated?

Challenges

- Have you observed any physical or mental barriers that need to be addressed or accommodated for? What have you witnessed or what has been reported?
- Does the client recognize the issue(s)? What does this look like, what do they do?

ORIENTATION AND MOBILITY ASSESSMENT

- Observation Tips: Describe what it looks like to walk down a hall way or in a room with furniture, how slow or fast do they walk, do they put hands out?

- What does it look like? Do they self-correct direction or require direction prompts? Were they in a familiar or unfamiliar area? How much time did it take to get from initial point to ending point? Describe what this looks like.

Question Prompts

- Do you trip over unexpected items in your path? How do you find your way around unfamiliar environments?
- Personal means of regular and “last minute” transportation: List your options for getting around, what can you do for last minute schedule changes to get where you need to go?

Sighted Guide Instruction

- Cane use while participating in class if appropriate: Do you have a cane? When and where do you use it? Do you feel you are safer when you use it?
- Protective and trailing technique: How do you protect your head from low hanging objects, or when lifting head after bending over? When following edge of wall or around obstacles how do you hold your hand?